# Circle of Unending "Love and Compassion"

Life is a circle of giving love
And being loved
Of giving care
And receiving care
A circle of unending compassion

To give is to receive
As you sow
So shall you reap

In giving to others
You shall receive tenfold
To give is to receive.

Life is a circle
A circle of unending love.

By Sherokee Ilse



For more information please feel free to contact Crystal Doleman at cdoleman@sjltc.ca or 519.751.7096 Ext. 3409.

Donations to St. Joseph's Lifecare Foundation
(the official fundraising organization for St. Joseph's Lifecare
Centre), have brought this beautiful building to life.
Our community has funded vital long-term care programs
and services, purchased resident medical equipment,
furnishings, therapeutic gardens and everything in between.

Ongoing donations are vital to ensure that our residents get the most enhanced, compassionate care they need and deserve!

If you would like to donate to St. Joseph's Lifecare Centre, please contact the Foundation office or give directly on-line at www.sjlc.ca. Thank you for caring!

St. Joseph's Lifecare Foundation's mailing address is the same as the Lifecare Centre below.



#### ST. JOSEPH'S LIFECARE CENTRE

99 Wayne Gretzky Parkway Brantford, ON N3S 6T6 519.751.7096 www.sjlc.ca



Transitions
Family Support
Group

Helping to transition through Life's Journey with your loved ones

# TRANSITIONS FAMILY SUPPORT GROUP



### A Place That

...Offers comfort

...Provides support

...Decreases the feeling of isolation

...Provides confidentiality

...Non-judgemental

...Fosters friendships

## A Place to Share

...Information



...Stress management

...Communication techniques

...Self care

...Topics of common interest

