

## Palliative Care Coordinator

The Community Outreach Team works in partnership with the local Community Care Access Centre (CCAC) Palliative Care Coordinator. It is the role of the Care Coordinator to assess, arrange and coordinate palliative care services for the patient and family in their home.

This includes services such as homecare nurses, physiotherapists, occupational therapist, dieticians, and Personal Support Workers. The Care Coordinator reassesses effectiveness of patient services on an ongoing basis and is in frequent communication with the team to ensure that patient and family needs are being met.

## Community Nurses

Community Nurses and Personal Support Workers are the front line care support for the patient and family at home. The Community Outreach Team can be accessed by your Community Nurse as the team depends on them to be the day to day eyes and ears of the patient and family. Community Nurses and Personal Support Workers are the day to day line of contact.

***"Alone we can do so little,  
together we can do so much."***

With funding provided by the Hamilton-Niagara-Haldimand-Brant Local Health Integration Network (LHIN) in December 2007 and donations to Stedman Community Hospice we are able to provide the services of the Community Outreach Team without charge.

**Did you know that the Hospice exists solely because of the generosity of our caring community?**

Donations to St. Joseph's Lifecare Foundation (the official fundraising organization for Stedman Community Hospice), have brought this beautiful building to life. Our community has funded vital programs and services, purchased medical equipment, patient meals, furnishings, therapeutic gardens, heat/hydro and everything in between.

Ongoing donations are vital to ensure that Hospice patients and families will never get a bill for the care they need and deserve!

If you would like to donate to the Hospice, please contact the Foundation office or give directly on-line at [www.sjlc.ca](http://www.sjlc.ca).  
Thank you for caring!

St. Joseph's Lifecare Foundation's mailing address is the same as the Hospice.



**Stedman Community Hospice**  
99 Wayne Gretzky Parkway  
Brantford, ON N3S 6T6  
519.751.7096 Ext. 2500  
[www.sjlc.ca](http://www.sjlc.ca)



## Community Outreach Program

*If you have been diagnosed with a life limiting illness; you and your family are dealing with end of life issues; or you are trying to cope with the loss of a loved one; our team is here to help.*

*At the core of our being is a hunger for meaning, purpose, integrity and harmony, all leading to peace of mind and soul.*

# COMMUNITY OUTREACH PROGRAM

The World Health Organization defines Hospice Palliative Care as “an approach that improves the quality of life of patients and their families facing the problems associated with life threatening illness, through the prevention and relief of suffering by means of early identification and impeccable assessment and treatment of pain and other problems, physical, psychosocial and spiritual”.

The Community Outreach Team is comprised of dedicated professionals with expertise in pain and symptom management to meet you and your family’s physical, emotional and spiritual needs in your location of choice. This team works collaboratively with Community Care Access Centre (CCAC), your community nursing agency and your Physicians.



## Clinical Navigator

The Clinical Navigator is the point-of-contact between the Community and the team. The Clinical Navigator processes referrals and ensures the entire team is aware of any needs or issues of the day.



## Hospice Palliative Care Physicians

Our Palliative Care Physicians can provide consultation to you and your family when referred by your Family Doctor or the Specialist involved in your care. Once involved in a patient’s care, they work collaboratively with your Family Doctor, Cancer Clinic, CCAC, and Community Nursing Agencies to ensure that all needs are being addressed.

They visit the patient at home, in the Hospital or at the Hospice.



## Hospice Palliative Nurse Specialist

The team’s nurse specialist who is certified in Hospice Palliative Care by the Canadian Hospice Palliative Care Association is the “bridge” or point-of-contact between CCAC and your community nurses and care providers. This role includes the assessment of needs, assisting with establishing treatment plans for pain and symptom control and works closely with palliative care and primary care physicians. The nurse specialist is a great support to the community nurses when they need extra advice.



## Supportive Care Clinician

Hospice Palliative Care teams need experts who understand the emotional and spiritual side of our being.

Patients and families may experience significant distress when someone has been diagnosed with a life limiting illness. It is hard to maintain strength, control, dignity and find a way forward at these times.

The Supportive Care Clinician helps deal with issues such as personal and family support, restoring hope, assists with end of life planning.

Through a quiet companionship presence, a listening ear, a friendly chat he/she will help with your own personal journey. His/her role is as big or as little as the patient and family need and wish it to be.

They also work with families through their grief work. Grief and the start of bereavement can occur as soon as we know someone is seriously ill. It continues long after the death of a loved one. They help families find a way forward and adjust to living with a loss.