

October 2023

Level 3 Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:45 Church Service with Gary Crosbie (MH) 1:30 Yahtzee (CR)	2 9:00 October Calendar Visits 10:00 Exercise (CR) 10:30 Beauty Boutique 10:30 Bible Study with Bud (H) 1:30 Home wide Bingo (MH) 3:00 Visits 5:45 Horse Races (CR)	3 9:45 Sing Along DVD (PT) 10:30 Sing Along DVD (CP) 1:30 Left Right Center Game (CR) 3:00 Walks and Talks 5:45 Hoops Game (CR)	4 9:45 Music & Movement with Temi (CR) 10:30 Ring Toss (CR) 1:30 Fall Colouring (CR) 2:30 Grandpals with Holy Cross School (MH) 3:00 One to One Visits 5:45 Hygge (CR) 6:30 Hand Massages	5 10:30 Exercise (CR) 3:15 Swatterball (CR) 6:30 Trivia Night (CR)	6 10:30 Resident Council Meeting (MH) 10:30 Hymn Sing (CR) 1:30 Mocktail Club with Jeff Dawdy (MH) 3:00 Walks and Talks 5:45 Horse Shoes (CR)	7 9:45 Shuffleboard (CR) 1:30 Question Ball (CR) 3:30 Shake Loose a Memory (CR)
8 9:45 Church Service (MH) 2:30 Thanksgiving Trivia (CR)	9 	10 9:45 Exercise (CR) 10:30 Racket Ball (CR) 1:30 Name that Tune (CR) 3:00 Walks and Talks 5:45 Board Games (CR) 6:30 Short Stories	11 9:30 Morning Visits 10:30 Roman Catholic Mass (MH) 1:30 Prize Bingo (CR) 3:00 iPad Fun 5:45 Funnel Ball (CR)	12 9:45 Music & Movement with Temi (CR) 10:30 Plinko Game (CR) 1:30 Fall Bus Trip - Sign up with Recreation Staff 5:45 Evening Sing Along (CR)	13 9:45 Exercise (CR) 10:30 Hymn Sing (CR) 1:30 Mocktail Club with Jim Young (MH) 3:00 Walks and Talks	14 9:45 Tablebowling (CR) 3:30 Mind Joggers (CR)
15 9:45 Church Service with Rev Larry Amiro(MH) 1:30 Balloon Ball (CR)	16 9:45 Exercise (CR) 10:30 Beauty Boutique 10:30 Bible Study with Bud (H) 1:30 Kerplunk Game (CR) 3:00 Visits 5:45 Washer Toss (CR) 6:30 Hand Massages	17 9:45 Finish the Phrase (CR) 10:30 Family Feud Trivia (CR) 1:30 Men's Group with Michelle (MH) 3:00 Walks and Talks 6:30 Active Game (CR)	18 9:45 October Word Games (CR) 10:30 Hangman (CR) 1:30 Decorative Gourds Craft! (CR) 1:45 Food Committee Meeting (MH) 2:30 Social (CR) 5:45 Trivia Night (CR) 6:30 YouTube Fun	19 9:45 Music & Movement with Temi (CR) 10:30 Sing Along (CR) 1:30 Birthday Party with Ken Lightheart (MH) 3:00 Short Stories 5:45 Yahtzee (CR)	20 9:45 Exercise (CR) 10:30 Hymn Sing (CR) 1:30 Mocktail Club with John Moorhouse (MH) 3:00 Walks and Talks 5:45 Ring Toss (CR)	21 1:30 Music Bingo (CR)
22 9:45 Church Service with Bud (MH) 1:30 Mind Joggers (CR) 3:30 Halloween Colouring (CR)	23 9:45 Exercise (CR) 10:30 Beauty Boutique 10:30 Bible Study with Bud (H) 1:30 Home wide Bingo (MH) 3:00 Visits 6:30 Darts (CR)	24 9:45 A-Z Categories (CR) 10:30 Sing Along (CR) 1:30 Tablebowling (CR) 3:00 Walks and Talks 5:45 Wheel of Fortune (CR) 6:30 Hand Massages	25 9:30 Morning Visits 10:30 Roman Catholic Mass (MH) 12:00 Fish & Chips Lunch Club (MH) 2:00 Baking & Trivia (CR) 3:00 L3 Recreation Meeting (CR) 5:45 Swatterball (CR)	26 9:30 Morning Visits with Temi 10:30 Drum Fit (MH) 2:00 Memorial Service (MH) 3:00 iPad Fun 6:30 Games Night (CR)	27 9:45 Exercise (CR) 10:30 Hymn Sing (CR) 1:30 Mocktail Club with Don Dunham (MH) 3:00 Walks and Talks 5:45 Shuffleboard (CR)	28 9:45 Halloween Trivia (CR) 1:30 Snakes & Ladders (CR) 3:30 Sing Along Saturday (CR)
29 9:45 Church Service with Gary Crosbie (MH) 2:30 Word Games (CR)	30 9:45 Exercise (CR) 10:30 Beauty Boutique 10:30 Bible Study with Bud (H) 1:30 Halloween Movie (MH) 3:00 Visits 6:30 Dice Roll (CR)	31 9:45 Pumpkin Carving (MH) 1:30 Halloween Party & Costume Contest (MH) 3:00 Walks and Talks 5:45 Balloon Badminton (CR)				