

January 2023

Lilac Calendar

*Programs are subject to change based on outbreak status

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 New Years Day	2 9:45 Exercise 10:30 Horse Races 1:30 Dice Roll 3:30 iPad Fun	3 9:45 Hymn Sing 10:30 Beauty Boutique 1:45 Painting 3:00 Snakes & Ladders 6:30 Ball Toss	4 9:45 Singalong 10:30 Parachute 1:45 Baking 2:30 Hygge 3:30 Short Stories 5:45 Finish the Phrase	5 9:45 Exercise 10:30 Bean Bag Toss 1:30 Men's Group - MH 3:30 Hand Massages 6:30 Jokes & Riddles	6 9:45 Card Games 10:30 Resident Council - MH 10:30 All About Elvis 1:30 Mocktail Club with Jim Young - MH 3:30 Walks and Talks 6:30 Active Game	7 1:30 Music Bingo 2:30 Swatter Ball
8 9:30 Church Service with Ron Birkett - MH 1:30 Trivia	9 9:45 Exercise 10:30 Bible Study with Bud - H 10:30 Games Morning 1:45 Bingo - MH 3:30 iPad Fun 5:45 Shake Loose a Memory	10 Undecorating Day	11 9:45 One to One Visits 10:30 Bocci Ball 1:30 Singalong 2:30 Reminiscing 3:30 Short Stories 5:45 Adult Colouring 6:30 Word Game	12 9:45 Exercise 10:30 Virtual Catholic Mass 1:30 Tea and Trivia 3:30 Hand Massages 6:30 Ball Toss	13 9:45 Card Games 10:30 Table Bowling 1:30 Mocktail Club with Jeff Dawdy - MH 3:30 Walks and Talks 5:45 Question Ball	14 10:45 Laundry Helpers 1:30 Current Event
15 9:30 Church Service with Larry Amiro - MH 1:30 Bingo 2:30 Painting 3:30 Short Stories	16 9:45 Exercise 10:30 Bible Study with Bud - H 10:30 Tea & Chats 1:30 Blue Monday Movie - MH 3:30 iPad Fun 5:45 Word Game	17 9:45 Hymn Sing 10:30 Beauty Boutique 1:30 Sensory Fun - MH 3:30 iPad Fun 5:45 Board Game Afternoon	18 9:45 Walks & Talks 10:30 Drum Fit - MH 1:30 Food Committee - MH 1:45 Singalong 3:30 Short Stories 5:45 Horse Races	19 9:45 Exercise 10:30 Virtual Catholic Mass 1:30 Birthday Party with Dave Souliere - MH 3:30 Hand Massages 6:30 Ball Toss	20 9:45 Card Games 10:30 Winter Reminiscing 1:30 Mocktail Club with John Moorehouse - MH 3:30 Walks and Talks	21 9:45 Music & Movement 10:45 Lawn Darts 3:30 Walks & Talks
22 9:30 Church Service with Bryan McKee - MH 2:30 Hangman 3:30 Music Afternoon	23 9:45 Exercise 10:30 Bible Study with Bud - H 10:30 Shake Loose a Memory 1:45 Bingo - MH 3:30 iPad Fun 5:45 Dice Roll	24 9:45 Hymn Sing 10:30 Beauty Boutique 1:30 Craft Corner 3:00 Dance Party 6:30 Question Ball	25 9:45 Singalong 10:30 Bean Bag Toss 1:45 Baking 2:30 Cards 3:30 Short Stories 5:45 Swatter Ball	26 9:45 Exercise 10:30 Chinese Fortune Stick 11:45 Chinese Food Lunch Club - MH 1:30 Colouring Afternoon 2:30 Singalong 3:30 Hand Massages 6:30 Jokes & Riddles	27 9:45 Card Games 10:30 Table Bowling 1:30 Mocktail Club with Asaph - MH 3:30 Walks and Talks 5:45 Snakes & Ladders	28 9:45 Current Event 3:30 Puzzles
29 9:30 Church Service with Bryan McKee - MH 1:30 Name That Tune 3:30 Hand Massages	30 9:45 Exercise 10:30 Bible Study with Bud - H 10:30 Craft Corner 1:30 Coffee and News 2:30 Finish the Phrase 3:30 iPad Fun 6:30 Short Stories	31 9:45 Hymn Sing 10:30 Beauty Boutique 1:30 Winter Carnival - MH 3:30 Hand Massages 5:45 Reminiscing				

MH - McMillen Hall

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