

STORIES OF LOVE AND LIFE AT STEDMAN COMMUNITY HOSPICE

ACCESSING HOSPICE CARE

Thanks to the generosity of our donors, Stedman Community Hospice has established a number of quality cost-free programs geared to caring for individuals with a life-limiting illness and providing support to their loved ones. Hospice care is available through our Residential Program as well as Community Outreach.

Both programs are available to people of all ages who reside in Brantford, Brant, Norfolk and Haldimand counties, as well as Six Nations and New Credit.

Our 24-hour Residential Hospice is located at 445 Grey Street, Brantford. This 10-bed facility provides around-the-clock end-of-life care that includes a private room for each patient with sleeping accommodations for family. In addition to the main Brantford site, an outreach office was recently established in Port Dover, at 23 Market Street.

Our Community Outreach Program offers a quick response team of dedicated medical professionals visiting patients in their homes to provide pain and symptom management. The program also assists families who are in crisis due to overwhelming responsibilities and stress associated with caring for a loved one with a terminal illness.

Regardless of the type of care you are interested in, your first step is to call us. Our Clinical Navigator will ask you a number of questions to better assess your needs and set up an appointment to meet with the patient and family member.

Stedman Community Hospice also offers a Day Wellness Program as well as Grief and Bereavement support for both adults and children.

To inquire about support for you or a loved one, please call 519-751-7096, ext. 2500. Our dedicated care team is ready to help you.

MEET OUR CARE TEAM



Pictured here (L-R):

Front row: Cameron Benoit (Outreach Clinical Navigator), Dr. Janice Legere, Dr. Bernadette McNeil, Lara Nichol (Outreach Clinical Nurse Specialist), Jeanette Armstrong (Outreach Clinical Nurse Specialist). Back row: Dr. Stephen Singh, Dr. Ryan Renn, Dr. Andrew Trevor, Tracy Stachera (Outreach Clinical Nurse Specialist), Dr. Julie Gladstone, Dr. Amy Montour, Shelley Groombridge (Outreach Clinical Nurse Specialist). Absent: Dr. Robin Martin-Godelie, Nancy Moorbrook (Outreach Clinical Nurse Specialist), Wes Coburn (Outreach Supportive Care), Karen Smith (Outreach Supportive Care).



SUNDAY, MAY 5
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Visit www.stedmanhike.ca to register or to donate online today!

A TALE OF TWO BROTHERS

Jim & “Little Joe” Hinton

Not unlike many homeless people, Joseph “Little Joe” Hinton had a family who loved him – 11 brothers and sisters, one of the sisters, his twin. He had a daughter, Brielle, and granddaughter, Sloane, whom he loved; the pair would frequently inquire about his well-being from their home in Ottawa.

But just like many others living on the street, Little Joe suffered from a crippling addiction that made it impossible for him to adapt to living in the average household. By the time he was 30, he was a seasoned alcoholic.

A lifelong smoker, Little Joe succumbed to throat cancer on Valentine’s Day at Stedman Community Hospice, at the age of 64.

He was the second brother in the Hinton family to live out his final days at Stedman’s. Eight months earlier, younger brother James (Jim) Hinton, 62, also died of cancer.

Aside from the brothers losing their lives to cancer, and both being fiercely loved by their siblings, their lives could not have been more different.

*“He was a somebody there.
He wasn’t a street person.”*

Jim, a long-time employee at Kingswood Products in Paris, raised two beautiful daughters, Kelly and Kristen with his wife Kim. He was the proud grandfather of Alice and Lucy.

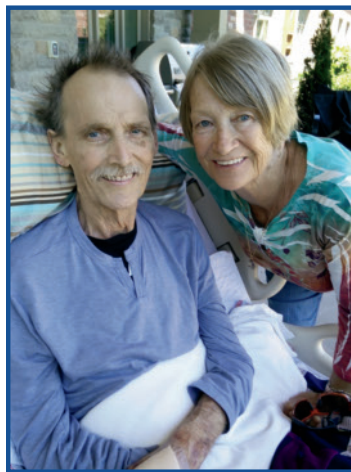
Jim lived his life for his family and tightly-knit group of friends, and was especially close to his brother Jeff, who was intensely supportive throughout Jim’s two year battle.

“Jim lived long enough to check off three important items on his bucket list,” says his sister Joyce Calleya.

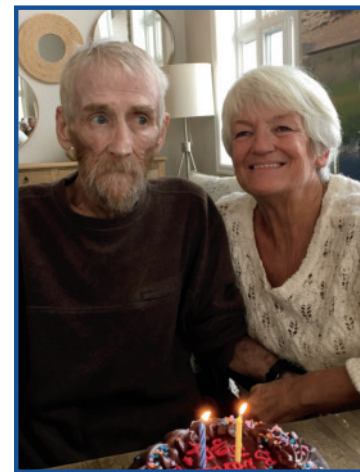
“He witnessed his daughter Kristin graduate from medical school and walked her down the aisle on her wedding day. And he lived to see his daughter Kelly bless him with a second granddaughter.”

“Unlike Little Joe, Jim was ready to come to the Hospice,” says Joyce.

In stark contrast, the sisters’ attempts to convince Little Joe to move to Hospice was met with strong resistance. During his years of living on the street, he suffered a head injury that caused a brain bleed, resulting in significant cognitive impairment.



Jim Hinton is pictured here with sister Joyce at the Hospice.



Little Joe is pictured here with twin sister Jerianne on their birthday.

“We put him into rehab three or four times and he did well while there but as soon as he was out, he went back to drinking again, and he refused to move in with anyone,” says twin sister Jerianne.

“He was quite comfortable on the streets, with his buddies. They look out for one another,” she added.

“We would go looking for him every week, and our brothers did too, to make sure he was okay, give him food and smokes.”

Following his head injury, Little Joe moved into a halfway house. He eventually was asked to leave when his drinking became an issue, and went to live in an assisted living facility where he received regular meals and supervision.

When Little Joe was diagnosed with late stage throat cancer last winter, he received two weeks of radiation treatment at Juravinski Cancer Centre and declined further treatment.

A room became available at the Hospice in December, but he was having no part of it,” says Jerianne.

“He didn’t comprehend how serious his situation had become. He was no longer able to eat solid foods, and the facility where he lived wasn’t meant to accommodate the medical needs of the terminally ill.”

“Because of his mental health issues, Little Joe was extremely resistant to even the smallest change,” says Jerianne.

“He had become a creature of habit, routine was his greatest comfort and he did not like to step outside of his comfort zone.”

The sisters would have to improvise.

“I lied and told him that the assisted living facility was being renovated, that his Hospice stay was temporary and pleaded with him to go,” says Jerianne.

Cont’d on next page...

He eventually gave in on December 27, 2018. During his first two days at the Hospice, he sat in his coat and hat. Jerianne prepared a schedule of Hospice shifts, with the help of the family who worked around their schedules to ensure one of them was there while he made the adjustment.

"The staff is so incredible that within a short time Little Joe relaxed," says his sister Judi, who volunteers at the Hospice.

"They let Joe be Joe," says Jerianne."

"They treated him with respect, but let him be him. They presented him with options, which allowed him to feel he was still in control of his life. That made all the difference for him, and they got that," says Joyce.

"He was a somebody there. He wasn't a street person."

When Little Joe died on February 14, his twin sister Jerianne was by his side. Although Jim and Joe Hinton lived very different lives, their final days on earth were less dissimilar. In Hospice, they were equal in care, equal in respect, equal in comfort, and equal in love.

The story of the Hinton brothers is a testament to the quality of care we're able to provide at Stedman Community Hospice, thanks to the generosity of our donors.

Please consider joining our Monthly Giving program for as little as \$15 per month. Your support ensures that we can continue to provide cost-free care to families like the Hinton and yours.

<p>Join us for the Westdale - Holmedale & Friends Reunion Saturday, August 24th, at 7 p.m.</p>  <p>Brant Curling Club, 34 Morrell Street All proceeds go to</p> 	<p>Join the Hinton family for a fun night of music, dancing & great prizes.</p> <p>Ticket Price: \$15 (buffet included)</p> <p>Contact Joyce at 226-208-0133 to purchase tickets or to donate prize items.</p>
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GREETINGS TO OUR DONORS FROM THE **NEW LEADERSHIP**



DAVID WORMALD
 PRESIDENT

St. Joseph Lifecare Centre

As the President of St. Joseph's Lifecare Centre, I have the dual role of overseeing our 205-bed long-term care facility along with Stedman Community Hospice and our on-site campus of care. I am overwhelmed by the tremendous impact that our donors make on the lives of those that we are privileged to care for every day. To each one of our supporters, I offer my sincere thanks and gratitude!

Stedman Community Hospice has become a leader in end-of-life care thanks to the dedicated staff, incredible volunteers and innovative programs and services that have led the way. The fact is - without the support of our donors through St. Joseph's Lifecare Foundation, there would be no Hospice.

We are proud of the legacy of compassionate care that has become our hallmark and look forward to continuing to provide many innovative programs and services for decades to come.



MARTIN FARRUGIA
 DIRECTOR

Stedman Community Hospice

Having recently joined the staff of Stedman Community Hospice as the new Director, I wanted to take this opportunity to say a heartfelt "Hello" to the community we serve. I am fortunate to be working with an amazing group of professionals and volunteers who, as individuals, demonstrate care and compassion in all their actions. It is a privilege to lead this extraordinary care team.

The other members of the team that I don't get to see everyday are you, our donors. Without your generosity, we would not be able to offer the programs that we do. For those of you who have been able to donate to the Hospice, I thank you. You make it possible!

It is an honour to be part of this dedicated team of caregivers and donors. I look forward to the future of Stedman Community Hospice.



HIKE FOR HOSPICE

Celebrates 15 Years!

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Please join us for the 15th Annual Hike for Hospice, Sunday, May 5th at 1 p.m. on the grounds of St. Joseph's Lifecare Centre, 99 Wayne Gretzky Parkway.

Hike for Hospice is the major annual fundraiser for Stedman Community Hospice, with up to 2000 participants annually.

"Our Hike is one of Brantford's biggest 'feel-good' events of the year. Not only is it fun to attend with family and friends, and good exercise, it's for a wonderful cause," says Olga Consorti, President & CEO of St. Joseph's Lifecare Foundation.



All proceeds go to providing cost-free care to members of our community diagnosed with a life-limiting illness, and to provide support to their loved ones - families like the Stewarts, who are featured on our Hike for Hospice billboards this year. Jessica and Jeremy Stewart's daughter

Charlotte passed away at Stedman Community Hospice two days after her fifth birthday. The family also accessed the Children's Bereavement Program to help their daughter Vienna cope with the loss of her sister.

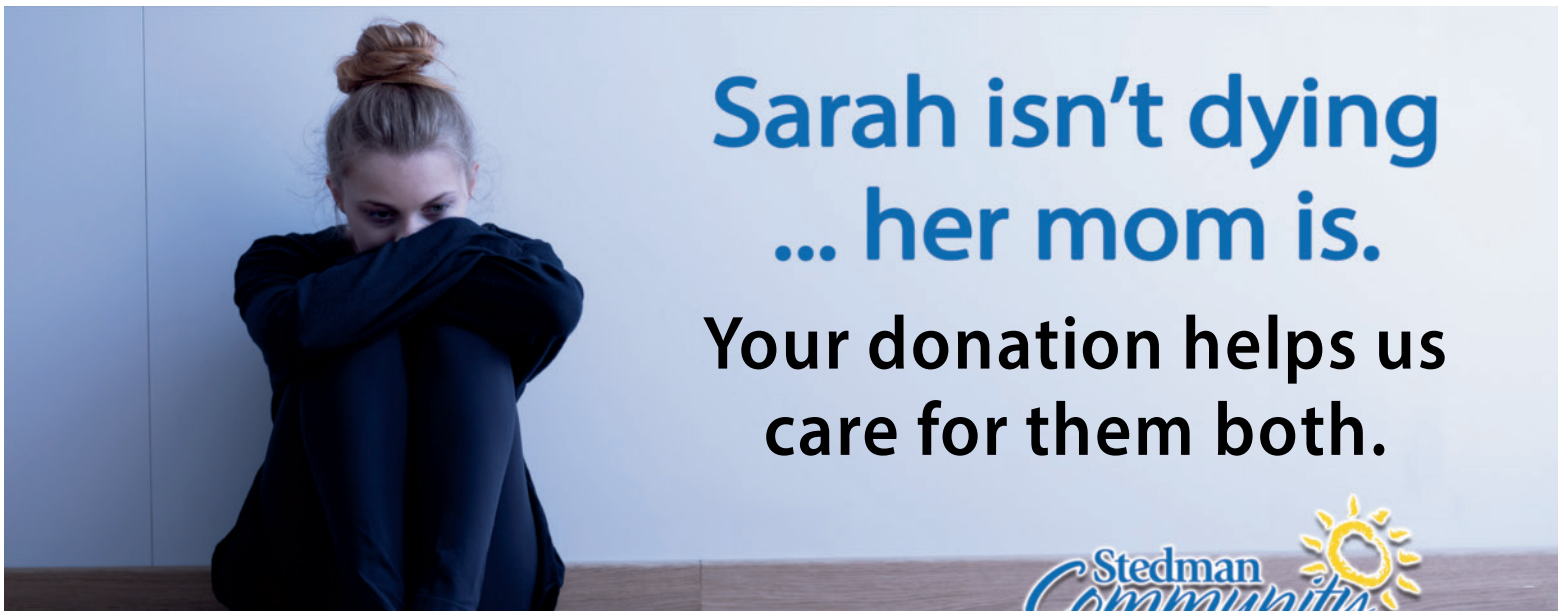
Sign up today, donate to a team, or make a general donation to make a difference to a family in need.

Information for Hike Participants

Avoid line-ups on Hike Day! Join us for Early Bird check-in on Saturday, May 4th at the Hike Tents (99 Wayne Gretzky Pkwy - parking available on site for this day only) from 10 a.m. to 1 p.m. to turn in your pledges and pick up your t-shirt & prizes.

Regular check-in takes place on Sunday, May 5th from 11 a.m. to 1 p.m. Shuttle service available on Hike Day from Lynden Park Mall beginning at 11 a.m. Hikers who park at the mall are eligible to win a \$250 gift certificate from any mall store of your choice.

Visit stedmanhike.ca for full details



Sarah isn't dying ... her mom is.

Your donation helps us care for them both.



Please donate today at sjlc.ca

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