

March 2026

Lilac Calendar

* Programs are subject to change based on Outbreak status . *

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:45am Virtual Church Service (MH) 1:30pm FARKLE with Karyn 2:30pm Sunday Hymns	2 9:45am Exercises (TV) 10:30am Exercises 1:30pm Homewide Bingo (MH) 2:45pm Social - Recr	3 10:45am Word Games/Joggers - Vari 2:45pm crafts - Recr 5:45pm Name that Tune 6:30pm Board Games	4 10:45am Physical Games - Recr 2:30pm Grandpals with Holy Cross School (MH)	5 9:45am Sunshine Visits with Brantford Christian School (MH) 10:30am Yahtzee 1:30pm Movies 2:30pm Friendly Visits	6 10:30am Exercises 1:30pm Entertainment with Barry Mombourquette (MH) 2:30pm Table Bowling 5:45pm adult coloring 6:30pm Walks and Talks	7 10:30am Singalong - Loun 1:30pm Shut the Box with Megan
8 9:45am Church Service with Rev. Ron Birkett (MH) 1:30pm Hymn Sing with Megan	9 9:45am Exercises (TV) 1:30pm Birthday Party with Cameron Caton (MH)	10 10:30am table games 1:30pm Baking - Dini 2:30pm Ipad fun	11 10:30am Roman Catholic Mass (MH) 1:45pm Tea Social - Vari 2:30pm Left Center Right	12 9:45am YMCA Kid Visits 10:30am Left Center Right 1:30pm Word Games - Vari 2:30pm Sensory Stimulation 6:00pm Memorial Service (MH)	13 10:30am Residents' Council Meeting (MH) 1:30pm Entertainment with Jeff Dawdy (MH) 2:45pm Spotify Music Visits - Vari	14 10:30am Singalong - Loun 1:30pm All About Shamrocks! 2:30pm Yahtzee with Noelle
15 9:45am Church Service with Rev. Larry Amiro (MH) 1:30pm Hymn Sing with Karyn 2:30pm Ball Toss with Noelle	16 9:45am Exercises (TV) 1:30pm Gold Coin Bingo (MH) 2:30pm Travel Club- Ireland	17 10:30am Walkabout - Vari 1:30pm St. Patty's with Roger Dumoulin (MH) 2:30pm Cards 5:45pm Name that Tune 6:30pm Snakes and Ladders	18 10:30am Drum Fit (MH) 1:45pm Food Committee Meeting (MH) 2:45pm Plant Care Visits - Vari	19 9:45am YMCA Kid Visits 10:30am Yahtzee 1:30pm Word Games/Joggers	20 10:30am Exercises 1:30pm Entertainment with The Clements (MH) 2:30pm Tea Social - Vari	21 10:30am Singalong - Loun 1:30pm Yahtzee with Megan
22 9:45am Virtual Church Service (MH) 1:30pm Hymn Sing with Megan	23 9:45am Exercises (TV) 2:30pm Ball Toss 2:30pm Cards	24 9:45am Reading Circle 12:30pm Front Lobby Music with Jim Young 1:30pm Baking - Dini 1:30pm Baking - Recr 2:45pm Spotify Music Visits - Vari	25 10:30am Roman Catholic Mass (MH) 12:00pm Lunch Club (MH) 2:45pm Tea Social - Vari	26 9:45am YMCA Kid Visits 10:30am Yahtzee 1:30pm Recreation Meeting - Vari 2:30pm Cards - Recr	27 10:30am Chair Dancing (MH) 1:30pm Entertainment with Wally Maggs (MH) 2:45pm Walkabout - Vari	28 10:30am Singalong - Loun 2:30pm Bean Bag Toss with Noelle
29 9:45am Virtual Church Service (MH) 2:30pm Yahtzee with Noelle	30 9:45am Exercises (TV) 1:30pm Easter crafts 2:30pm Cards	31 10:30am Physical Games - Recr 1:30pm Easter Trivia 2:30pm Friendly Visits - Vari				

Dini - Dining Room
Amanda Rip- Recreation Therapist arip@sjlhc.ca (519) 751-7096 ext. 2221

Loun - Lounge

Recr - Recreation Room

Vari - Various