

ST. JOSEPH'S LIFECARE CENTRE BRANTFORD

RESIDENT FAMILY NEWSLETTER



Thank you to our Resident Families!

Your support help to make our 2025 food drive a great success

As part of our March 19th Feast of St. Joseph Day programming, and in the spirit of the Sisters of St. Joseph, Stedman Community Hospice and St. Joseph's Long-Term Care Home recently held a food drive to support the good work of our neighbours at Friendship House.

Our goal was to collect 750 items, but thanks to the combined efforts of staff, residents and resident families, we surpassed our goal, collecting more than 1000 food and personal care items.

Friendship House, located across the street from Stedman Community Hospice, provides hot meals, clothing, household items for those in need, in addition to operating a food bank.



On Thursday, March 20th, a few of our staff stopped by **Friendship House of Brant Inc.** to deliver more than 1000 food and personal care items donated by LTC and Hospice staff, residents and resident families.

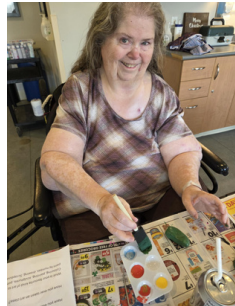
Keith Metcalfe, Director of Mission & Spiritual Care with St. Joseph's Health System, joined us in reflection and prayer.

Around our St. Joe's neighbourhood

It's been a beehive of activity at St. Joseph's Lifecare Centre over the past month, with residents and staff alike embracing special occasions such as Pink Shirt Day, St. Patrick's Day, and Radiant Rocks programming.



Visit our Facebook page for more photos of great resident moments.



Star of the Month

Congratulations to
JEN TAYLOR



Jen, a member of our Dietary team in the role of Heavy Cleaner, was nominated by Candice Lawrence, Nutritional Services Manager, who shared:

"Jen is an amazing member of the St. Joe's team! She shows up every day with a smile and the attitude to make things better for the residents we serve. She is creative in her role and brings forward ideas she thinks will enrich residents' lives. She also lends her creativity in helping with staff events, and ensuring everyone feels appreciated."

Thank you, Jen, for demonstrating St. Joe's values and being a great example for others.

Congratulations on your 103rd birthday!

Aleksandra Koblyanski



Wednesday, March 12

Wishing you a wonderful day!



RESIDENT FAMILIES:
You, too, can nominate a deserving individual for Star of the Month.

[**Click here to download the nomination form.**](#)

Family Council News

Our Mission

We are dedicated to the promotion and improvement of health, welfare, quality of life and happiness of all St. Joseph's Lifecare Centre residents.

Our Family Council is a voluntary, self-governing advocacy group comprised of families, friends and caregivers of residents who strive to attain the highest quality of life for residents. The work helps to ensure that residents are treated with respect and dignity within a comfortable, safe and secure environment.

Family Council's goals are to:

- Inform and educate caregivers/families
- provide activities for families and residents to enjoy together
- Arrange for guest speakers on topics of interest to caregivers/families.
- Advocate on behalf of all residents and caregivers /families
- Serve as peer support for all residents and caregivers /families.
- Fundraise for items that enhance the quality of life of our residents
- Collectively share ideas and engage in problem-solving
- Support events at St. Joseph's, often times alongside Residents' Council and staff.
- Maintain open communication between caregivers /families, residents, staff and administration.
- Work collaboratively to improve the quality of life and care of residents.



A visit from Entertainer 'Doug The Great'

Always popular with our residents, stilt walker and entertainer Doug Hunt stopped by recently to treat residents to laughter and fun in McMillen Hall.

Doug is also a resident family member and we thank him for his dedication to our residents.



A time for family. Above left: Resident Annie & husband Ed. Above right: Resident Michelle enjoys a visit with mom, Jacky.

DID YOU KNOW

- Anyone can access the recreation calendar for their loved one's unit on the St. Joseph's Lifecare website. Visit <https://www.sjlc.ca/ltc-monthly-calendar> to view
- Family members are always invited to bring your loved one to programs
- Family Council contributes \$125 each month for live musical entertainment in McMillen Hall. Attending the music programs is a nice way to have a meaningful visit with your loved one living at St. Joseph's Lifecare Centre

Upcoming Council Activities

Tuesday, April 1

Did You Know Hour - two time slots to choose from: 4 p.m. and 6:30 p.m. in McMillen Hall on Level 1. All Families are invited to this hour to receive valuable information, important phone numbers, an up-to-date information booklet, meet other caregivers, have your questions answered, and provide feedback. RSVP to Michelle at 519-802-2951 or at sjlcfamilycouncil@gmail.com.

Tuesday, April 15

Family Council Meeting - 1:30 pm in the Boardroom on the 4th floor. Guest Speaker: Cindy Perrodou, Adminsitrator of St. Joseph's Lifecare Long-Term Care

2025 Family Council Executive: Michelle MacInnis, Chair (519) 802-2951; Sandy Crowther, Vice Chair (519) 446-2625; Sally Summerhays, Treasurer (519) 771-6093; Linda Fess, Secretary (519) 756-4504; Associate Executive Council Members: Dana Miller (519) 753-2288; Michelle Hennessey (647) 649-9104; Marian Austin (519) 750-3341.

Our thanks to photographer and SJLCB volunteer Colleen Rintoul for sharing her stunning images of the lunar eclipse that occurred on Friday, March 14, 2025.



Did you know that St. Joseph’s clinical employees follow an Ethics Framework?

The YODA tool helps employees determine how to best respond to situations that feels sticky, wrong, or grey regarding the “right” thing to do, to help provide the best possible care for residents.



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You are responsible for noticing ethical questions and concerns

- Do you have a “yuck” feeling?
- Are you unsure about the right thing to do?

Observe the situation

- What is happening?
- Why are you feeling uncomfortable? Are any values in conflict?
- What are other perspectives on the situation?

Deliberate about how to respond

- Who will you talk with?
- What are possible alternatives or approaches?
- What are the pros, cons, harms, benefits, consequences of each option?

Act on your decision

- Why is the decision the right one? How can you explain it based on resident wishes, organizational mission, values, and policy, professional standards, and/or legal requirements?
- Do you need any support?
- Is there anything we can do upstream to prevent – or better prepare for – similar situations in the future?

Click here to visit the Ethics page of our website.



**1,700
NOW FOLLOWING**

[Click here to “Like” Us on Facebook](#) for the latest on resident activities, programs & events!

IN SUPPORT OF STEDMAN COMMUNITY HOSPICE

GREAT PRIZES FOR TOP FUNDRAISERS!



HIKE OR BIKE
FOR HOSPICE

**SUNDAY
MAY 4th**

Register at stedmanhike.ca