

# Resident Family Newsletter

July 2024

## Roofing & HVAC Improvement Projects now complete



**Andy Lipiec**

Facilities & Environmental  
Services Manager



*[Click on the photo above to view additional photos](#)*

I am pleased to share that two major facility projects at St. Joseph's Lifecare Centre Brantford have now been completed.

The replacement of three RTAC (rooftop air conditioning/heating units) and the replacement of the roof itself at all areas of the facility were completed during late June and early July.

RTAC 1, 4 and 7 were replaced. RTAC 1 and RTAC 4 service the loop at the north and south end of the resident floor area from the ground floor through to the third level. RTAC 7 services the core area of the facility, the space by the elevators and areas immediately to the east. Replacement of these RTAC units will provide our residents with years of comfortable and reliable air quality and temperature.

The replacement of the roof presented some logistical challenges with traffic restrictions, entry modifications and general inconveniences. With the roof now replaced, we all can look forward to decades of assurance that we are all securely sheltered.

My sincerest thanks to residents and their families for your patience and understanding through the various project challenges and related inconveniences over the past two years. We couldn't have gotten through this without your support.

I would be remiss if I did not take this opportunity to extend a huge thank you to St. Joseph's Lifecare Foundation for providing the \$2.2

million in funding that was required for a new roof.

Additionally, it is important to recognize the grants received from the federal and provincial governments to make upgrades to our HVAC system, totalling approximately \$1 million.

With these two projects now complete I know some will be disappointed that there is no longer the spectacle of a crane lift. No worries, there is more excitement to come.

We are in the preliminary stages of laying the groundwork for the window replacements in resident rooms. I look forward to sharing more exciting news as projects develop and unfold.



ST. JOSEPH'S LIFECARE CENTRE

# VINTAGE CAR SHOW

Thursday, July 18, 5-8 p.m.

99 Wayne Gretzky Parkway  
(main parking lot)  
Parking for attendees is accessible from  
Grey Street (back lot of SJLC)

FEATURING  
CARS OF THE  
**PISTON  
PUSHERS**  
CAR CLUB  
OTHERS WELCOME



**BBQ  
VENDOR BOOTHS  
50-50 TICKETS  
RAFFLE TICKETS**

**OPEN TO  
THE PUBLIC**

**NO FEE  
TO ATTEND**

Come as a  
spectator  
or bring your  
classic car

Funds raised go to support programs of  
St. Joseph's Lifecare Centre

**CALL FOR  
VENDORS**

St. Joseph's Lifecare Centre Annual

# HOLIDAY BAZAAR

NOVEMBER 16

SATURDAY 9 A.M. - 2 P.M.

99 WAYNE GRETZKY PARKWAY, BRANTFORD  
OPEN TO THE PUBLIC • FREE PARKING

Cost: \$25 for 6 ft. table and two chairs, plus a gift item for  
our door prize draws.  
Interested vendors please email completed application  
to Shelley Murray at [smurray@sjlhc.ca](mailto:smurray@sjlhc.ca).  
Click on this graphic to download the application.

July Feature:  
Sausage on a bun



**\$4**  
July meal tickets  
available  
at Reception

**August BBQ Upgrades!**  
Thanks to funding received from Family Council and Resident Council,  
we are pleased to provide the following upgraded meal to residents for  
our August BBQs.

**Steak or chicken with local corn on the cob and baked potato, fresh  
peaches (pending availability) with ice cream**

Family members wishing to participate can register through the Rec  
Therapy staff person in your home area.

ST. JOSEPH'S  
Lifecare Centre  
BRANTFORD


# Summer BARBECUE EVERY WEDNESDAY

July 17: Level 2  
July 24: Level 3  
No BBQ on July 31st

Includes:  
sausage on a bun,  
salad and drink

**We're big on birthdays!**

Is your loved one a resident who has a special birthday or anniversary coming up?  
We would love to celebrate in the occasion by letting our staff and Facebook  
followers know about it! Please send a photo and details to Nancy Billard  
at [nbillard@sjlc.ca](mailto:nbillard@sjlc.ca).



## Family Council Information Board

St. Joseph's Lifecare Family Council is a member of Family Councils of Ontario, dedicated to the promotion and improvement of health, welfare, quality of life and happiness of all residents of St. Joseph's Lifecare Centre. Family Council is an autonomous, caregiver-led group where members can give and receive ongoing peer support; help form positive partnerships with the home to improve resident-centred care and caregiver supports; learn about the home's operations, policies and rules; bring concerns forward through a collective voice; and advocate on behalf of residents to help improve their quality of life. All family members and caregivers are welcome at all Family Council activities and events.

### An Update on Recent Activities

Attendees to the June meeting of Family Council heard a very informative presentation from guest speaker Laura McEachern, NP-PHC, MSc., St. Joseph's Lifecare Centre's Nurse Practitioner.

Laura presented on end-of-life care and the "Strengthening a Palliative Approach in Long Term Care" Model that SJLCB has adopted. This approach empowers families and staff to provide personalized and high-quality care for residents living with chronic and life-limiting illnesses. For more information, please contact Ashley Christiansen, Family Council Staff Liaison at [achristiansen@sjlhc.ca](mailto:achristiansen@sjlhc.ca).

### "New Staff" Orientation

As part of the onboarding of all new employees, St. Joseph's Lifecare Centre provides a day-long orientation, where members of the leadership team speak to a variety of topics including the organization's history, individual departments and their role, and many other subject areas, including Family Council. On June 24th, Council Chair Michelle McInnis had the opportunity to share information with 42 new hires, and will continue to participate in these educational sessions as they occur.

### COMING EVENTS AND COUNCIL MEETINGS

#### July 18th, 5-8 p.m. Annual Vintage Car Show

This event offers a trip down memory lane as car enthusiasts from the Piston Pushers Car Club and the community display their beautiful classic cars. This event also features 20 vendor tables, a BBQ, as well as a raffle table hosted by Family Council. No fee to attend. Please park in the rear lot of SJLCB, accessible from Grey Street.

#### July 21st, 1:30 p.m. Resident & Family Social in McMillen Hall. Bring your loved one and join in the fun and meet others.

#### August 27, 1:30 p.m. Family Council Meeting in the 4th floor boardroom. Please note there is no Family Council meeting in July.

### Photo moments from June's Resident / Family Social Event



Resident Maria  
with husband Rene



Resident Linda with husband Ron



Resident Adele with son Allen

When visiting the home, remember to check out the Family Information Board located on the ground floor just before the elevator.

For information on Family Council meetings, programming and activities, please contact: Michelle, Chair 519-802-2951 or Janet, Vice Chair 519-209-8638 or by email at [sjlcfamilycouncil@gmail.com](mailto:sjlcfamilycouncil@gmail.com)



## Highlights of Seniors Month: Part Two

Activities for Seniors Month continued throughout June. Here are some highlights from the second half of the month.



On June 24th, residents were treated to a day of fishing at Mount Pleasant Ponds where catches included a big bass, perch and several sun fish. The outing included a picnic lunch of sandwiches, watermelon, and non-alcoholic beer. A Strawberry Social was held on June 27th in the courtyard where residents enjoyed musical entertainment from Barry Mombourquette and strawberry shortcake. Residents not able to attend were treated to shortcake in their room. On June 28th, for Canada Day, residents enjoyed live entertainment by Jim Young in McMillen Hall. Jim performed a number of iconic Canadian tunes to which residents tapped along. This event was topped off with Canada Day-themed cupcakes and cookies.