



Resident Family Newsletter

April 2024

Leadership Changes at St. Joseph's Long-Term Care Home



Karen Candy
Vice President

I am writing to inform you of some recent changes to the management team at St. Joseph's Lifecare Centre.

I wish to announce Angie Heinz has resigned her position as Administrator at St. Joseph's Lifecare Centre. Angie has accepted a new role at Omni Quality Living. Among other contributions and accomplishments, Angie helped guide the organization through post-COVID recovery efforts and a successful accreditation. Please join me in wishing Angie the very best in her future endeavours.

I will be assuming the role of

Administrator and look forward to working with families and the entire team to ensure a smooth and stable transition.

I also wish to announce Kyla Gallagher, Director of Long-Term Care, has left St. Joseph's Lifecare Centre as of April 16, 2024. We are thankful for the dedication and passion Kyla brought to the Home, which has helped us to deliver the high quality care you have come to expect from us. Kyla's expertise and leadership has also contributed to our success this past year including Accreditation and many other quality improvement projects. Please join me in wishing Kyla all the best.

To ensure a smooth transition and continuity of care, Zoe Wickson, who has been in the position of Assistant Director of Care will be assuming the role of Interim Director of Care. We want to assure you that we are here to support our residents, staff

and families during this time of transition. Should you have any immediate questions or require further assistance, please do not hesitate to reach out to Zoe at 519.751.7096, Ext. 2522 or by email at zwickson@sjltc.ca, or contact me directly.

We are committed to continuing to provide the highest level of care and I am confident in our collective ability to continue the great work we do that makes St. Joe's a great place to work and live.

Lastly, I will be hosting a Family and Caregiver Town Hall, Wednesday, May 29, 2024, from 6-7 p.m. in McMillen Hall. It will be a great opportunity for me to share updates and answer questions you may have. I hope to see you there.

Please feel free to contact me if you have any questions or concerns, at Ext. 3219 or by email at kcandy@sjltc.ca.



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99 WAYNE GRETZKY PARKWAY



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Family Council Information Board

Family Council is dedicated to the promotion and improvement of health, welfare, quality of life and happiness of all residents of St. Joseph's Lifecare Centre.

St. Joseph's Lifecare Family Council Invites Family Members and Caregivers to the following events:

"Did You Know" Hour Thursday, April 18 at 3:30 p.m. McMillen Hall on Floor One

Attend and receive information that you may not know such as direct phone numbers to the Unit RPNs, receive a valuable booklet packed with information. Bring forth your questions and provide your feedback at this hour.

Family Council Meeting Tuesday, April 30 at 1:30 p.m. in the Boardroom on the 4th floor Guest Speaker:

Angie Heinz, SJLCB Administrator

Family Council Meetings are a great opportunity to receive updates and provide family feedback and input.

Annual Vintage Car Show Thursday, July 18, 5-8 p.m.

Family Council is hosting a raffle table and booking vendors for this event. Vendor tables are \$20 plus a donated draw prize. Interested vendors please contact Michelle 519-802-2951 or sjlcfamilycouncil@gmail.com. This is a super event for families, residents, staff & visitors to come together. See the ad on page 4 of this newsletter for more information.

Book Space for a Get-together

Did you know that Activity Rooms located at the end of each unit are available to resident families for small get-togethers?

To inquire about availability, please contact your Recreation Therapist (see the monthly calendar for their extension & email address).

To book McMillen Hall for a larger gathering, please contact Shelley Murray, Life Enrichment Manager, 519-751-7096, ext 3315 or email smurray@sjltc.ca.

Our monthly Family and Loved One Social Get Together continues to grow. This monthly social is hosted & supported by Family Council. Families enjoy meeting other families, and residents experience time with other residents. **This month's gathering will be Sunday, April 21 at 1:30 p.m. in McMillan Hall.** Socials have become a great way to have a visit.



Ken and Marion enjoying the Family and Loved One Social Get Together on St. Patrick's Day.



Resident John and his wife Sally.



Resident George shares some quality time with his daughter Gwen and sister Bonnie.

We'll soon have babies!

Thanks to RPN Jeanette McLean, who is sharing her equipment and farm experience with us, staff and residents will soon see our incubating eggs hatch into baby chicks and ducks.

Our on-site incubators are currently housing several chicken and duck eggs, as we provide an opportunity for residents to observe the birth process from incubation to hatching. The photo on the left shows seven viable duck embryos. The photo on the right shows what a healthy living embryo should look like. The veiny appearance is an indication of life. Once they have hatched, staff will take the chicks through the building on a special farm cart for residents to see.



Reminder: Overnight Absences

With the summer holiday season before us this is a gentle reminder to notify Registered Staff at least 48 hours in advance if you are taking your loved one out of the facility overnight or for more than 24 hours. This allows the nursing team to notify the pharmacy accordingly so that a tailored medication package can be provided for the specified time away from the home.



We're big on birthdays!

Is your loved one a resident of SJLCB who has a special birthday or anniversary coming up?

We would love to celebrate in the occasion by letting our staff and Facebook followers know about it!

Please send a photo and details to Nancy Billard at nbillard@sjlc.ca.



[Click here to "LIKE US"](#)
on Facebook to stay informed
about special moments,
activities and celebrations at
St. Joseph's Lifecare Centre.

ST. JOSEPH'S LIFECARE CENTRE

VINTAGE CAR SHOW

Thursday, July 18, 5-8 p.m.

99 Wayne Gretzky Parkway
(main parking lot)
Parking for attendees is accessible from
Grey Street, back lot of SJLC)

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For info call 519-751-7096, ext 3315

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• NO FEE
• TO ATTEND

Funds raised go to support programs of
St. Joseph's Lifecare Centre