



# Resident Family Newsletter

June 2024

## Annual surveys provides opportunity for residents and families to identify areas for improvement



Karen Candy  
Vice President / Administrator

**U**nder the Fixing Long-Term Care Act, 2021, every long-term care home in Ontario is required to survey residents, families, and caregivers to measure their experience with the home. Conducting resident and family satisfaction surveys in long-term care homes is crucial for assessing the quality of care and identifying

areas for improvement.

For a number of years, St. Joseph's Lifecare Centre has partnered with St. Joseph's Long Term Care Homes in both Dundas and Guelph to hire university summer students to facilitate the survey process. Students are provided with a list of residents who are capable of answering the survey questions and will be available to assist residents in completing the survey. Resident surveys will begin next week and once that has been completed at all three homes, we will initiate the family/essential caregiver surveys.

It is important we hear from our residents and family members.

Participating provides valuable feedback that paints an accurate picture of our home and helps to inform opportunities and decision-making. If you have any questions about the resident surveys, please contact Shelley Murray, Life Enrichment Manager at 519-751-7096, ext 3315.



## Annual Vintage Car Show not just about the chrome

**W**hile it is a little about the chrome, it's mostly about the memories. With the average age of our residents being 84, the 50s, 60s and 70s represent a memorable time in their lives, perhaps falling in love, finishing high school or starting a job - maybe locally at the Massey Ferguson plant, and yes, buying their first car and cruising to the tunes of Buddy Holly or the Beach Boys.

The National Institute of Health says nostalgia, defined as a sentimental longing for one's past, is beneficial as a source of comfort, and is a resource that supports healthy aging.

The act of reminiscing can be triggered by viewing old photographs, listening to a familiar song, the taste of food, or attending an event such as a classic car show. We all remember our first car. That first taste of independence and freedom.

Events like the Vintage Car Show help elicit feelings of joy in seniors. Please consider visiting our home to take your loved one out to view the classic cars on July 18th and take in the fair-like atmosphere. Join us for a stroll down memory lane.

Please see the ad on page 2 for more information.



## Interim Clinical Transition Plan APPOINTMENTS

At St. Joseph's, our commitment to providing quality care remains unwavering. Amidst this transition and as we work through recruitment, we want to ensure there is clinical leadership in place to support resident care and programming as well as staff training and other initiatives.

We are fortunate to have a strong team to support us during this period of change.

Clinical leadership will be provided as follows:

### Interim Director of Care

Juliet Creary

### Clinical Manager

Shefali Patel

### Interim Clinical Manager

Praveena Prasad Sheela Remyan

Cheryl Raycraft will continue to support the clinical team as the Associate Administrator until mid-July.

*Please click on the links above to view the announcements of new team members.*



**ST. JOSEPH'S Lifecare Centre BRANTFORD**

# Summer BARBECUE

**EVERY WEDNESDAY**

June 19: Level 2  
June 26: Level 3  
July 3: Ground floor  
July 10: Level 1

This rotation will continue into August  
Meals will vary by month

BBQ held on Hummingbird Court, weather permitting.  
During inclement weather, BBQ will take place in the dining room on the respective level.

Includes burger, salad and drink.

**PURCHASE TICKETS AT RECEPTION NO LATER THAN THE PREVIOUS FRIDAY**

ST. JOSEPH'S LIFECARE CENTRE

# VINTAGE CAR SHOW

Thursday, July 18, 5-8 p.m.

99 Wayne Gretzky Parkway  
(main parking lot)

Parking for attendees is accessible from  
Grey Street (back lot of SJLC)

FEATURING  
CARS OF THE  
**PISTON  
PUSHERS**  
CAR CLUB  
OTHERS WELCOME



**BBQ  
VENDOR BOOTHS  
50-50 TICKETS  
RAFFLE TICKETS**

OPEN TO  
THE PUBLIC

NO FEE  
TO ATTEND

Come as a  
spectator  
or bring your  
classic car

To inquire about vendor space,  
please email [sjlcfamilycouncil@gmail.com](mailto:sjlcfamilycouncil@gmail.com)  
or call 519-751-7096, ext 3315.

Funds raised go to support programs of  
St. Joseph's Lifecare Centre



## We're big on birthdays!

Is your loved one a resident who has a special birthday or anniversary coming up? We would love to celebrate in the occasion by letting our staff and Facebook followers know about it! Please send a photo and details to Nancy Billard at [nbillard@sjlc.ca](mailto:nbillard@sjlc.ca).



# Family Council Information Board

*St. Joseph's Lifecare Family Council is a member of Family Councils of Ontario, dedicated to the promotion and improvement of health, welfare, quality of life and happiness of all residents of St. Joseph's Lifecare Centre.*

## COMING EVENTS & COUNCIL MEETINGS

**June 23 at 1:30 p.m.**

**Family/Resident Social**, McMillan Hall, Floor 1  
Join us and get acquainted in a relaxed social environment.

**June 25 at 1:30 p.m.**

**Monthly Family Council Meeting**, 4th floor board room. Guest speaker: Laura McEachern, Nurse Practitioner, NP-PHC, MSc. will inform and answer questions on end-of-life care at SJLCB.

**July 11 at 3:30 p.m.**

**"Did You Know" Hour**, McMillan Hall, Floor 1. An information sharing opportunity for family members and caregivers. Get your questions answered regarding various aspects of resident life.

**July 18 at 5-8 p.m.**

**Annual Vintage Car Show**, parking in rear lot of SJLCB, accessible from Grey Street. **Vendor space still available.** Email Michelle at [sjlcfamilycouncil@gmail.com](mailto:sjlcfamilycouncil@gmail.com) to inquire. See ad on page 2 for more information.

## About the Residents Assistance Fund (known as RAF)

Family Council wishes to thank family members who support this fund by signing up to contribute one-time gifts or monthly donations of \$5, \$10 or an amount of your choice, to be added to your monthly bill. Forms are available at reception. Cheques should be made out to Family Council.

### Goals of the Fund:

1. To meet needs of our residents who do not have funds or have family to provide needed clothing, services, such as footcare, hair care, medical appointment taxis, etc.
2. To support recreational activities like music programs for which there is no charge to the resident, but budget constraints limit the availability of these programs.
3. Palliative Care Carts. Family Council has made available a palliative care cart on each of the eight units. The purpose of the palliative care cart is to provide comfort for residents and families during end of life. The carts are stocked with comfort items such as music, lotions, blankets, literature and other items.

For more information, please reach out using the contact information provided below.

## A few faces from our May Resident - Family Social



Resident Ed and wife Sheila



Resident Terry and wife Sandy



Resident Howie and sister Sharon

When visiting the home, remember to check out the Family Information Board located on the ground floor just before the elevator.

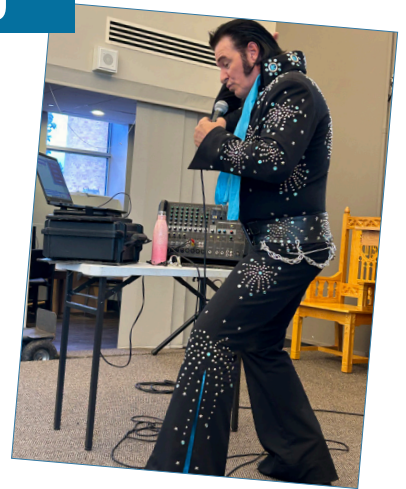
For information on Family Council meetings, programming and activities, please contact: Michelle, Chair 519-802-2951 or Janet, Vice Chair 519-209-8638 or by email at [sjlcfamilycouncil@gmail.com](mailto:sjlcfamilycouncil@gmail.com)



## Highlights of Seniors Month: Part One

With June being Seniors' Month, we thought we'd share some highlights of the various activities that took place in the first half of the month. In July we will share some moments from the second half of the month.

### Elvis is in the building



### Farm Day



Farm Day is an annual event at St. Joseph's Lifecare Centre, and a day that is much anticipated by staff and residents alike. A big thank you to all our animal caregivers in the community who made this day possible.

*Photos by Colleen Rintoul.*

Visit our [Facebook](#) page to view additional photos shared throughout the month.