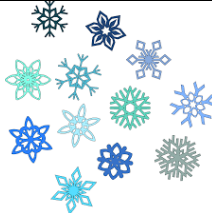



Ground Calendar

January 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					<b>2</b> 9:45 Exercises (H) 9:50 Exercises (M) 10:30 Calendar visits (H) 10:30 Reading Circle (M) 1:30 Snakes and Ladders (M) 1:45 Short Stories (H) 3:00 Bedside visits	<b>3</b> 9:45 Shuffleboard (M) 2:30 Sing along (M)
<b>4</b> 9:45 Virtual Church Service (MH) 10:30 Hymn sing (M) 3:30 Bean Bag Toss (M)	<b>5</b> 9:45 Exercises (H) 10:30 Obie Cart (M) 1:30 Table Games (M) 2:30 Sensory Stimulation	<b>6</b> 9:45 Young at Heart (M) 10:30 Cards (M) 1:30 Trivia (M) 2:30 Chicken Soup Stories	<b>7</b> 9:45 Swatter Ball (M) 10:30 Reminisce 1:30 Sensory Stimulation 1:30 Travelling Games 2:30 Unit Bingo 2:30 Busy Hands 5:45 Word games 6:30 Ipad fun	<b>8</b> <b>Undecorating Day</b> 5:45 Beauty Boutique 6:30 Adult coloring	<b>9</b> 9:45 Exercises (H) 10:30 Undecorating (M) <b>1:30 Entertainment with Dave Souliere (MH)</b> 3:00 Bedside visits	<b>10</b> 9:45 Crokinole (H) 1:30 Name that tune (M) 2:30 Word Twist
<b>11</b> 9:45 Church Service with Rev. Ron Birkett (MH) 1:30 Dice flip (M) 2:30 Adult coloring	<b>12</b> 9:45 Exercises (H) <b>10:30 Bible Study with Bud (H)</b> 1:30 Bingo (Hum dining room) 2:30 Sensory Stimulation 2:30 Shuffleboard (M)	<b>13</b> 9:45 Y Granpals (M) 10:30 Cards (M) <b>1:30 Men's Group (MH)</b> 1:30 Bracelet Making (H) 2:30 Chicken Soup Stories 2:30 Ring Toss (H) 5:45 Table Games 6:30 Picture puzzles	<b>14</b> 9:45 Dicey Roll (M) 10:30 Reminisce 2:30 Travelling programs	<b>15</b> 9:45 Table Bowling (H) 10:30 Beauty Boutique <b>1:30 Birthday Party with Terry's Tunes (MH)</b> 2:30 Sorting and folding	<b>16</b> 9:45 Exercises (H) 10:30 Obie Cart (H) <b>1:30 Entertainment with Ken Lighthouse (MH)</b> 1:45 Table Games (H) 3:00 Bedside visits 5:45 Yahtzee (H) 6:45 Walks and Talks	<b>17</b> 9:45 Reading Circle 1:30 Movies 2:30 Group Colouring
<b>18</b> 9:45 Church Service with Rev. Larry Amiro (MH) 1:30 Hymn sing (H) 2:30 Adult coloring (M)	<b>19</b> 9:45 Exercises (H) <b>10:30 Bible Study with Bud (H)</b> <b>1:30 Homewide Bingo (MH)</b> 2:30 Sensory Stimulation	<b>20</b> 9:45 Y Granpals (M) 10:30 Cards (M) 1:30 Trivia (M) 1:30 Crafts (H) 2:30 Chicken Soup Stories 5:45 Trivia (M) 6:30 Ipad fun	<b>21</b> 9:30 Crokinole (H) <b>10:30 Drum Fit (MH)</b> 1:30 Travelling Games <b>2:00 Resident Memorial Service (MH)</b> 2:30 Busy Hands	<b>22</b> 9:45 Table Bowling (H) 10:30 Ground floor Resident Recreation Meeting (H) 1:30 Baking (M) 2:30 Beauty Boutique 2:30 Sorting and folding 5:45 Board Games (H) 6:30 Short Stories (Tv)	<b>23</b> 9:45 Exercises (H) <b>10:30 Chair Dancing (MH)</b> <b>1:30 Entertainment with Cameron Caton (MH)</b> 3:00 Bedside visits	<b>24</b> 9:45 Fun and fitness 1:30 Penny Ante 2:30 Name that tune
<b>25</b> 9:45 Virtual Church Service (MH) 1:30 Scrabble (M) 2:30 Shake loose a memory	<b>26</b> 9:45 Exercises (H) <b>10:30 Bible Study with Bud (H)</b> 1:30 music and movement 2:30 Ipad fun 2:30 Sensory Stimulation 5:45 Horse Racing (H) 6:30 1:1 visits	<b>27</b> 9:45 Y Granpals (M) 10:30 Cards (M) 1:30 Trivia (M) 1:30 Painting class 2:30 Chicken Soup Stories 3:00 Ring Toss - H 5:45 Crokinole (H) 6:30 Ipad fun	<b>28</b> <b>10:30 Roman Catholic Mass (MH)</b> 1:30 Travelling Games 2:30 Busy Hands	<b>29</b> 9:45 Table Bowling (H) 10:30 Art class - H <b>12:00 Lunch Club (MH)</b> 2:30 Sorting and folding	<b>30</b> 9:45 Exercises (H) 10:30 Reading circle - Loun <b>1:30 Entertainment with John Walker (MH)</b> 3:00 Bedside visits 5:45 Yahtzee (H) 6:30 Walks and Talks	<b>31</b> 9:45 Swatter Ball - Recr 1:30 Groundhog Day crafts 2:30 Dart Ball