



January 2026

Lilac Calendar

* Programs are subject to change based on Outbreak status . *

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 	2 10:30am Exercises 3:30pm Trivia - Recr	3 10:30am Sing along Saturday
4 9:45am Virtual Church Service (MH)	5 10:30am Exercises 3:30pm Friendly Visits - Vari	6 5:45pm Trivia - Recr 6:30pm Short Stories	7 10:30am Table Hockey - Recr 1:30pm Plant Care Visits - Vari	8 Undecorating Day 5:45pm Active Game 6:30pm iPad Fun	9 10:30am Exercises 1:30pm Entertainment with Dave Souliere (MH) 3:30pm Crafts - Recr 5:30pm Evening Movie	10 10:30am Sing along Saturday 2:30pm Lawn Darts 3:00pm Short Stories - Loun
11 9:45am Church Service with Rev. Ron Birkett (MH) 2:30pm Sunday Hymns	12 10:30am Exercises	13 10:30am Baking Cheese Bread 1:30pm Men's Group (MH) 2:30pm Dice Roll - Recr 5:45pm You be the Judge - Vari 6:30pm iPad Fun	14 2:30pm Music Bingo 5:45pm Swatter Ball - Recr 6:30pm Snakes & Ladders	15 9:45am YMCA Daycare Visits 1:30pm Birthday Party with Terry's Tunes (MH) 3:30pm Bean Bag Toss - Recr 6:30pm Hand Massages - Vari	16 10:30am Exercises 1:30pm Entertainment with Ken Lightheart (MH) 3:00pm Plant Care Visits - Vari 6:30pm Yahtzee	17 10:30am Busy Hand - Recr 1:30pm WIZARD with Karyn 2:30pm Left Right Center with Noelle
18 9:45am Church Service with Rev. Larry Amiro (MH) 1:30pm Spiritual Group with Karyn 2:30pm Yahtzee with Noelle	19 10:30am Exercises 1:30pm Homewide Bingo (MH)	20 10:30am Beachball - Loun 3:00pm Name that Tune - Vari	21 10:30am Drum Fit (MH) 2:00pm Resident Memorial Service (MH) 3:00pm Tablebowling - Recr 5:45pm Obie Cart (L) - Comm 6:30pm Hand Massages - Vari	22 9:45am YMCA Daycare Visits 2:30pm Deal or no Deal	23 10:30am Chair Dancing (MH) 1:30pm Entertainment with Cameron Caton (MH)	24 10:30am Sing along Saturday 2:30pm Hoops Game
25 9:45am Virtual Church Service (MH) 2:30pm Sunday Hymns	26 10:30am Exercises 1:30pm Cards - Recr	27 1:30pm Baking Cookies 2:30pm Trivia & Treats 3:30pm Cards - Recr 5:45pm Ring Toss 6:30pm Spotify Music Visits - Vari	28 10:30am Roman Catholic Mass (MH) 2:30pm Finish the line - Recr 5:45pm Bean Bag Toss 6:30pm Walkabout - Vari	29 12:00pm Lunch Club (MH) 5:45pm Dice Roll - Recr 6:30pm Walks & Talks	30 10:30am Music - Recr 1:30pm Entertainment with John Walker (MH) 3:30pm Plant Care Visits - Vari	31 10:30am Bingo (L) - Recr 1:30pm FARKLE with Karyn 2:30pm Ring Toss with Noelle

Comm - Common Room

Loun - Lounge

Recr - Recreation Room

Vari - Various

Susanne Morey - Recreation Therapist

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Amanda Rip- Recreation Therapist

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