

January 2026

Bluebird Calendar

* Programs are subject to change based on Outbreak status.*

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 	2 9:45am Exercise Class - Recr 3:00pm Trivia - Recr	3 9:45am Exercises 1:30pm Sing it Saturdays
4 9:45am Virtual Church Service (MH) 1:30pm Hymn Sing 2:30pm Beachball Toss 3:30pm iPad Fun	5 9:45am Exercises (TV) 3:00pm Manicure Mondays 5:45pm After Dinner Music 6:30pm Short Stories	6 1:30pm Busy Hands 2:30pm Music Trivia - Loun 5:45pm Movement to Music 6:30pm Evening Walks	7 9:45am Physical Games - Recr 3:00pm Plant Care Visits - Vari	8 Undecorating Day 5:45pm Music with Karyn 6:30pm Evening Social	9 9:45am Exercise Class - Recr 1:30pm Entertainment with Dave Souliere (MH) 2:45pm Crafts - Recr 5:45pm Music with Megan	10 9:45am Exercises 10:30am Snoezelen - Loun 1:30pm Saturday Swatter Ball 3:00pm Short Stories - Vari
11 9:45am Church Service with Rev. Ron Birkett (MH) 1:30pm Hymn Sing 3:30pm Walks and Talks - Vari	12 9:45am Exercises (TV) 1:30pm Table Bowling 2:30pm Finish the Phrase 3:00pm Manicure Mondays 5:45pm After Dinner Music 6:30pm Walks and Talks - Vari	13 9:45am Sensory 1:30pm Men's Group (MH) 2:30pm Dice Roll - Recr 2:30pm Dice Roll - Recr 6:30pm iPad Fun - Loun	14 1:30pm Swatter Ball - Loun 2:30pm Music Bingo 6:30pm Hand Massages - Vari	15 9:45am YMCA Daycare Visits 1:30pm Birthday Party with Terry's Tunes (MH) 2:45pm Bean Bag Toss - Loun 5:45pm Adult coloring - Recr	16 9:45am Exercise Class - Recr 1:30pm Entertainment with Ken Lightheart (MH) 3:30pm Snoezelen - Loun	17 9:45am Exercises 1:30pm Sing it Saturdays 2:30pm Winter Word Games 3:30pm Hand Massages
18 9:45am Church Service with Rev. Larry Amiro (MH) 1:30pm Hymn Sing 2:30pm Swing Bowling 3:30pm iPad Fun	19 9:45am Exercises (TV) 1:30pm Homewide Bingo (MH) 3:00pm Manicure Mondays 5:45pm After Dinner Music	20 9:45am Ball Toss - Recr 1:30pm Music Trivia - Recr 5:45pm Karaoke Night 6:30pm Evening Walks	21 9:45am Table Bowling - Loun 10:30am Drum Fit (MH) 2:00pm Resident Memorial Service (MH)	22 9:45am YMCA Daycare Visits 5:45pm Music with Noelle 6:30pm Evening Social	23 10:30am Chair Dancing (MH) 1:30pm Entertainment with Cameron Caton (MH) 5:45pm Music with Megan	24 9:45am Exercises 1:30pm Saturday Swatter Ball 3:30pm Snoezelen - Loun
25 9:45am Virtual Church Service (MH) 10:30am Bingo - Recr 1:30pm Hymn Sing 3:30pm Short Stories	26 9:45am Exercises (TV) 1:30pm Shuffleboard 2:30pm Horse Races 3:00pm Manicure Mondays 5:45pm After Dinner Music	27 9:45am Dominoes 1:30pm Baking - Dini 5:45pm Puzzles - Recr	28 10:30am Roman Catholic Mass (MH) 1:30pm Tea Social - Vari 5:45pm Trivia - Recr	29 12:00pm Lunch Club (MH) 2:30pm Swatter Ball - Loun 3:30pm Roll the Dice - Recr	30 9:45am Rock Around the Clock Board Game - Recr 1:30pm Entertainment with John Walker (MH) 3:00pm Plant Care Visits - Vari	31 9:45am Exercises 10:30am Dice Roll 1:30pm Sing it Saturdays 3:30pm Walks & Talks

Dini - Dining Room

Loun - Lounge

Recr - Recreation Room

Vari - Various

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