

February 2026

Level 3 Calendar

Please check daily white sheets on activity board. Programs may change depending on outbreak status

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:45 Virtual Church Service (MH) 1:30 Sunday Swatterball (PT) 3:30 Room Visits	2 10:30 Bible Study with Bud (H) 1:30 Ground Hog Day Movie - MH 3:00 Visits 5:45 Washer Toss (PT) 6:30 Short Stories (CP)	3 10:30 Piano Music with Karyn	4 9:45 Exercise (PT) 10:30 Exercise (CP) 1:30 Beauty Boutique 2:30 Grandpals with Holy Cross School - MH	5 9:30 Sunshine Visits with Brantford Christian School - MH 1:30 Left Center Right Game (CP) 3:00 Bedside Visits 5:45 Evening Swatterball (PT) 6:30 Hand Massages	6 10:30 Resident Council Meeting (MH) 1:30 Entertainment with Wally Maggs (MH) 3:00 Walks and Talks 5:45 Farkle Game (CP) 6:30 Short Stories (PT)	7 9:45 Music and Movement (PT) 10:30 Morning Music (PT) 1:30 Lawn Darts (CP) 3:30 iPad Fun
8 9:45 Church Service with Rev. Ron Birkett (MH) 1:30 Word Games (CP) 3:30 Finish the Phrase (PT)	9 9:40 Exercise (CP) 10:30 Beauty Boutique 10:30 Bible Study with Bud (H) 1:30 Home wide Bingo (MH) 3:00 Visits	10 9:45 Grandpals with YMCA Daycare (PT) 10:30 Sing Along (PT) 1:30 Men's Group - MH 3:00 Walks and Talks	11 10:30 Roman Catholic Mass (MH) 1:30 Swing Bowling (PT)	12 9:45 Swatterball (CP) 10:30 Trivia (CP) 1:15 St. Johns Valentines Gala (MH) 3:00 Bedside Visits	13 9:45 Exercise (PT) 10:30 Hymn Sing (PT) 1:30 Entertainment with Jim Young (MH) 3:00 Walks and Talks	14 9:45 Love Songs (CP) 10:30 Valentine's Trivia (CP) 1:30 Valentine's Day Social (MH) 3:30 Love Stories
15 9:45 Church Service with Rev. Larry Amiro (MH) 1:30 Tablebowling (CP) 3:30 Social (PT)	16 	17 10:30 Chinese New Year! (CP)	18 9:30 Beauty Boutique 10:30 Drum Fit - MH 1:30 Baking (PT) 1:45 Food Committee Meeting (MH) 2:30 Social (PT)	19 1:30 Birthday Party with Kevin Adams (MH) 3:00 Bedside Visits 5:45 Evening Swatterball (PT) 6:30 Hand Massages	20 1:30 Entertainment with The Clements (MH)	21 9:45 Music and Movement (PT) 10:30 Morning Music (PT) 1:30 Ring Toss (CP) 3:30 iPad Fun
22 9:45 Virtual Church Service (MH) 1:30 Shuffleboard (CP) 3:30 Trivia (PT)	23 9:45 Exercise (CP) 10:30 Beauty Boutique 10:30 Bible Study with Bud (H) 1:30 Yahtzee (PT) 3:00 Visits	24 9:45 Grandpals with YMCA Daycare (PT) 10:30 Sing Along (PT) 1:30 Snakes and Ladders (CP) 3:00 Walks and Talks	25 10:30 Roman Catholic Mass (MH) 1:30 Dominoes (PT)	26 9:45 Swatterball (CP) 10:30 Mind Joggers (CP) 12:00 Chinese Food Lunch Club (MH) 1:45 February Colouring (PT) 2:30 Social (PT)	27 9:30 Morning Visits 10:30 Chair Dancing - MH 1:30 Entertainment with Ken Lightheart (MH) 3:00 Walks and Talks	28 9:45 February Word Twist (PT) 10:30 Hangman (PT) 1:30 Dice Roll (CP) 3:30 Short Stories

MH - McMillen Hall

(CP) - Canary Path, (PT) - Pine Trail, (MH) - McMillen Hall, (H) - Hummingbird Way

Noelle Nieuwenhuis, Recreation Therapist 519-751-7096 ext. 3048 nnieuwenhuis@sjltc.ca