

# February 2026

## Level 2 Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> 9:45 Virtual Church Service (MH) 2:30 Hymns on the Piano 3:30 Friendly Visits	<b>2</b> 9:45 Exercise Class <b>10:30 Bible Study with Bud (H)</b> 10:30 YMCA Visits <b>1:30 Ground Hog Day Movie - MH</b> 3:15 Friendly Visits	<b>3</b> 9:45 Swatter Ball 1:30 Valentine's Art 3:15 Helping Hands	<b>4</b> 9:45 Exercise Class 10:30 Shut the Box Game 1:00 Plant Care Visits (C) <b>2:30 Grandpals with Holy Cross School - MH</b> 3:15 Recreation Meeting 5:45 After Dinner Music 6:30 Travelling Games	<b>5</b> <b>9:30 Sunshine Visits with Brantford Christian School - MH</b> 10:30 Travel to Milan for the Olympics! 1:30 Feel Good Funnies 2:30 Valentine's Candy Game 3:00 Recreation Visits	<b>6</b> 9:45 Exercise Class 10:30 Olympic Rings Colouring <b>10:30 Resident Council Meeting (MH)</b> <b>1:30 Entertainment with Wally Maggs (MH)</b> 3:15 Plant Care Visits (O) 5:45 Piano Music 6:30 Chicken Soup Stories	<b>7</b> 9:45 EZ Short Stories 10:30 Minute to Win It: Olympic Games 2:30 Bing Crosby: Swinging on a Star Day 3:30 Nail Salon
<b>8</b> <b>9:45 Church Service with Rev. Ron Birkett (MH)</b> 2:30 Olympics Begin: Guess the Sport 3:30 Hand Massages	<b>9</b> 9:45 Morning Chats <b>10:30 Bible Study with Bud (H)</b> 10:30 YMCA Visits <b>1:30 Home wide Bingo (MH)</b> 3:15 Walks and Talks	<b>10</b> <b>PRESLEY VISITS</b> 1pm - 3pm 9:45 Swatter Ball 10:30 Piano Love Songs 1:00 Pet Visits 1:30 Level 2 Bingo (Chestnut Dining Room) <b>1:30 Men's Group - MH</b> 3:15 Helping Hands 5:45 Relaxation Room 6:30 Chicken Soup Story Visits	<b>11</b> 9:45 Friendly Visits <b>10:30 Roman Catholic Mass (MH)</b> 1:30 Valentine's Craft 3:15 Valentine's True/False 5:45 Reading Love Stories 6:30 Variety Visits	<b>12</b> 9:45 Online Church Service 10:30 Valentine's Concentration Game <b>1:15 St. Johns Valentines Gala (MH)</b> 1:30 Finish the Lyrics - Love Songs! 3:00 Anything Goes Visits	<b>13</b> 9:45 Exercise Class 10:30 Swatter Ball <b>1:30 Entertainment with Jim Young (MH)</b>	<b>14</b> <b>1:30 Valentine's Day Social (MH)</b>
<b>15</b> <b>9:45 Church Service with Rev. Larry Amiro (MH)</b> 2:30 Hymns on the Piano 3:30 Beauty Boutique	<b>16</b> 	<b>17</b> 9:45 Swatter Ball 1:30 Flower Pressing 3:15 Helping Hands	<b>18</b> <b>10:30 Drum Fit - MH</b> 1:00 Plant Care Visits (C) 1:30 Travel to New Orleans for Mardi Gras <b>1:45 Food Committee Meeting (MH)</b> 3:00 YouTube & You Visits 5:45 After Dinner Music 6:30 Travelling Games	<b>19</b> 9:45 Chair Yoga 10:30 Reader's Theatre <b>1:30 Birthday Party with Kevin Adams (MH)</b> 3:00 Recreation Visits 5:45 Men's Social Night 6:30 Table Bowling	<b>20</b> 9:45 Exercise Class 11:00 Lunch Trip: Chuck's Roadhouse <b>1:30 Entertainment with The Clements (MH)</b> 3:15 Plant Care Visits (O) 5:45 Piano Music 6:30 Friendly Visits	<b>21</b> 9:45 Animal Documentary 10:30 Cranium Crunches 2:30 Chinese New Year: Are You a Horse? 3:30 Beauty Boutique
<b>22</b> <b>9:45 Virtual Church Service (MH)</b> 2:30 Closing Ceremony for the Olympics 3:30 Hand Massages	<b>23</b> 9:45 Morning Chats <b>10:30 Bible Study with Bud (H)</b> 10:30 YMCA Visits 1:30 Olympics Summary 3:15 Walks and Talks	<b>24</b> <b>SHAGGY VISITS</b> 1pm-3pm 9:45 Swatter Ball 10:30 Hymns on the Piano 1:00 Pet Visits 1:30 Wacky Wordies 3:15 Helping Hands 5:45 Ambience Room 6:30 Chicken Soup Story Visits	<b>25</b> 9:45 Friendly Visits <b>10:30 Roman Catholic Mass (MH)</b> 1:00 Plant Care Visits (C) 1:30 Movie Afternoon 3:15 Piano Music 5:45 He Did It His Way Day 6:30 Variety Visits	<b>26</b> 9:45 Virtual Church Service 10:30 Categories <b>12:00 Chinese Food Lunch Club (MH)</b> 1:30 Roll-2-Win Game 3:00 Resident Choice Visits	<b>27</b> <b>10:30 Chair Dancing - MH</b> <b>1:30 Entertainment with Ken Lightheart (MH)</b> 3:15 Plant Care Visits (O) 5:45 Blast from the Past Day 6:30 Walks & Talks	<b>28</b> 9:45 Table Curling 10:30 Piano Music 2:30 Marble Painting 3:30 Friendly Visits

MH - McMillen Hall

**Karyn Roswell (kroswell@sjltc.ca) & Megan Barrett (mbarrett@sjltc.ca) - Recreation Therapists (Level 2) - (519) 751-7096 ext. 2228**

Please check the daily white sheets on the Activity Board. Programs may change depending on Outbreak or Weather.