October 2025

Level 3 Calendar

Please check daily white sheets on activity board. Programs may change depending on outbreak status

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			9:00 Calendar Deliveries 10:00 Fun with Michelle (CR) 2:00 Memorial Service (MH) 3:00 Visits	2 10:30 Swatterball (CR) 1:30 Yahtzee (CR) 3:00 Bedside Visits 5:45 Ring Toss (CR)	3 9:45 Exercise (CR) 10:30 Resident Council Meeting (MH) 10:30 Hymn Sing (CR) 1:30 Entertainment with Jeff Harding (MH) 3:00 Walks and Talks	4
5 9:45 Virtual Church Service (MH)	9:45 Exercise (CR) 10:30 Beauty Boutique 10:30 Bible Study with Bud (H) 1:30 Homewide Bingo (MH) 3:00 Visits	9:45 Grandpals with YMCA Daycare (CR) 10:30 Sing Along (CR) 1:30 Shuffleboard (CR) 3:00 Walks and Talks	9:30 Morning Visits 10:30 Roman Catholic Mass (MH) 1:00 Nearly New Free Clothing Event for Residents (MH) 1:30 Swatterball (CR) 3:00 Hand Massages	9 10:00 Fun with Michelle (CR) 1:30 Birthday Party with Ken Lightheart (MH) 3:00 Bedside Visits 5:45 Crown & Anchor (CR)	9:45 Exercise (CR) 1:30 Entertainment with Jamie Reinhart (MH) 3:00 Walks and Talks	11
9:45 Church Service with Rev. Ron Birkett (MH)	Happy Thanksgiving	9:45 Grandpals with YMCA Daycare (CR) 10:30 Beauty Boutique 1:30 Horticulture (CR) 3:00 Walks and Talks	9:30 Hand Massages 10:30 Drum Fit (MH) 1:30 Fun with Food (CR) 1:45 Food Committee Meeting (MH) 2:30 Social (CR)	16 10:30 Swatterball (CR) 1:30 Left Center Right Game (CR) 3:00 Bedside Visits 5:45 Snakes and Ladders (CR)	9:45 Exercise (CR) 10:30 Hymn Sing (CR) 1:30 Entertainment with Dave Shakespeare (MH) 3:00 Walks and Talks	18
19 9:45 Church Service with Rev Larry Amiro (MH)	9:45 Exercise (CR) 10:30 Beauty Boutique 10:30 Bible Study with Bud (H) 1:30 Homewide Bingo (MH) 3:00 Visits	9:45 Grandpals with YMCA Daycare (CR) 10:30 Finish the Phrase (CR) 1:30 Men's Group (MH) 3:00 Walks and Talks	9:30 Morning Visits 10:30 Roman Catholic Mass (MH) 1:30 October Word Twist (CR) 2:30 Hangman (CR)	23 10:30 Swatterball (CR) 1:30 Fun with Michelle (CR) 3:00 Bedside Visits 5:45 Washer Toss (CR)	9:30 Short Stories 10:30 Chair Dancing (MH) 1:30 Entertainment with Jack Coulson (MH) 3:00 Walks and Talks	25
26 9:45 Church Service with Michelle Smedes (MH)	9:45 Exercise (CR) 10:30 Beauty Boutique 10:30 Bible Study with Bud (H) 3:00 Visits	9:45 Grandpals with YMCA Daycare (CR) 10:30 Sing Along (CR) 1:30 Tablebowling (CR) 3:00 Walks and Talks	9:45 Ball Toss (CR) 10:30 Trivia Morning (CR) 1:30 Crafts with Noelle & Michelle (CR) 2:30 Social (CR)	30 10:30 Swatterball (CR) 12:00 Lunch Club (MH) 1:45 Yahtzee (CR) 3:00 Bedside Visits 5:45 Dice Roll (CR)	31 10:00 Pumpkin Carving (MH) 1:30 Halloween Costume Contest (MH) 3:00 Walks and Talks	Plant and the second se

(CR) - L3 Common Room, (MH) - McMillen Hall, (H) - Hummingbird Way, (HC) - Hummingbird Courtyard Noelle Nieuwenhuis, Recreation Therapist 519-751-7096 ext. 3048 nnieuwenhuis@sjltc.ca