

# November 2025

## Level 3 Calendar

Please check daily white sheets on activity board. Programs may change depending on outbreak status

| Sunday                                               | Monday                                                                                                                                 | Tuesday                                                                                                                       | Wednesday                                                                                                                           | Thursday                                                                                                                                  | Friday                                                                                                                            | Saturday                                           |
|------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------|
|                                                      |                                                                                                                                        |                                                                                                                               |                                                                                                                                     |                                                                                                                                           |                                                                                                                                   | 1                                                  |
| 2<br>9:45 Virtual Church Service (MH)                | 3<br>9:45 Fun with Michelle (CR)<br>10:30 Beauty Boutique<br>10:30 Bible Study with Bud (H)<br>1:30 Homewide Bingo (MH)<br>3:00 Visits | 4<br>9:45 Grandpals with YMCA Daycare (CR)<br>10:30 Trivia (CR)<br>1:30 Yahtzee (CR)<br>3:00 Walks and Talks                  | 5<br>9:45 November Word Games (CR)<br>10:30 Hangman (CR)<br>1:30 Afternoon Visits<br>2:30 Grandpals with Holy Cross School (MH)     | 6<br>10:30 Swatterball (CR)<br>1:30 Shuffleboard (CR)<br>3:00 Bedside Visits<br>5:45 Ring Toss (CR)                                       | 7<br>9:45 Exercise (CR)<br>10:30 Resident Council Meeting (MH)<br>1:30 Entertainment with Jim Young (MH)<br>3:00 Walks and Talks  | 8                                                  |
| 9<br>9:45 Church Service with Rev. Ron Birkett (MH)  | 10<br>9:45 Exercise (CR)<br>10:30 Bible Study with Bud (H)<br>1:30 Prize Bingo (CR)<br>3:00 Visits                                     | 11<br>10:30 Remembrance Day Service (MH)<br>1:30 Fall Colouring (CR)<br>2:30 Social (CR)                                      | 12<br>9:30 Ball Toss (CR)<br>10:30 Roman Catholic Mass (MH)<br>1:30 Fun with Michelle (CR)<br>3:00 iPad Fun                         | 13<br>Decorating Day<br>5:45 Evening Swatterball (CR)  | 14<br>9:45 Exercise (CR)<br>10:30 Hymn Sing (CR)<br>1:30 Fall Drive - Sign up with Noelle from Recreation<br>3:00 Walks and Talks | 15<br>9:00 St. Joe's Christmas Bazaar 9am-3pm      |
| 16<br>9:45 Church Service with Rev. Larry Amiro (MH) | 17<br>9:45 Exercise (CR)<br>10:30 Beauty Boutique<br>10:30 Bible Study with Bud (H)<br>1:30 Left Center Right Game (CR)<br>3:00 Visits | 18<br>9:45 Grandpals with YMCA Daycare (CR)<br>10:30 Finish the Phrase (CR)<br>1:30 Horticulture (CR)<br>3:00 Walks and Talks | 19<br>9:30 Morning Visits<br>10:30 Drum Fit (MH)<br>1:30 Fun with Food (CR)<br>1:45 Food Committee Meeting (MH)<br>2:30 Social (CR) | 20<br>10:30 Swatterball (CR)<br>1:30 Birthday Party with Cameron Caton (MH)<br>3:00 Bedside Visits<br>5:45 Washer Toss (CR)               | 21<br>9:45 Exercise (CR)<br>10:30 Hymn Sing (CR)<br>1:30 Entertainment with Jeff Dawdy (MH)<br>3:00 Walks and Talks               | 22                                                 |
| 23<br>9:45 Church Service with Michelle Smedes (MH)  | 24<br>9:45 Exercise (CR)<br>10:30 Beauty Boutique<br>10:30 Bible Study with Bud (H)<br>1:30 Homewide Bingo (MH)<br>3:00 Visits         | 25<br>9:45 Grandpals with YMCA Daycare (CR)<br>10:30 Mind Joggers (CR)<br>1:30 Farkle Game (CR)<br>3:00 Walks and Talks       | 26<br>9:30 Ball Toss (CR)<br>10:30 Roman Catholic Mass (MH)<br>1:30 Crown & Anchor (CR)<br>2:30 Recreation Meeting (CR)             | 27<br>10:30 Swatterball (CR)<br>12:00 Lunch Club (MH)<br>1:45 Fun with Michelle (CR)<br>3:00 Bedside Visits<br>5:45 Dice Roll (CR)        | 28<br>10:30 Chair Dancing (MH)<br>1:30 Entertainment with The Clements (MH)<br>3:00 Walks and Talks                               | 29<br>1:30 Horticulture Drop In (1:30-3:00pm) (MH) |
| 30<br>9:45 Virtual Church Service (MH)               |                                                                                                                                        |                                                                                                                               |                                                                                                                                     |                                                                                                                                           |                                                                                                                                   |                                                    |

(CR) - L3 Common Room, (MH) - McMillen Hall, (H) - Hummingbird Way, (HC) - Hummingbird Courtyard  
Noelle Nieuwenhuis, Recreation Therapist 519-751-7096 ext. 3048 nnieuwenhuis@sjltc.ca